



**P. K. DAS COLLEGE
of NURSING**

PANAYUR (PO), VANIYAMKULAM, PALAKKAD - 679522

(Approved by Indian Nursing Council, Kerala Nurses & Midwives Council & Kerala Government
Affiliated to Kerala University of Health Sciences)



Moulding True Citizens

(FORMERLY NEHRU COLLEGE OF NURSING)

1.3.1 The institution integrates cross-cutting issues relevant to gender, environment and sustainability, human values, health determinants, Right to Health and emerging demographic issues and professional ethics into the curriculum as prescribed by the university / respective regulative councils.

Description	Page No
List of Courses showing cross cutting issues	2
Co-curricular activities to integrate cross cutting issues	3
Integrated Model of Cross Cutting Issues	5
Syllabus showing Cross Cutting Issues	6
Syllabus KUHS 2016 Scheme & Syllabus	https://www.pkdacollegeofnursing.com/naac/ssr/criteria-2/B.ScKUHS%202016%20Syllabus.pdf
Syllabus KUHS 2021 Scheme & Syllabus	https://www.pkdacollegeofnursing.com/naac/ssr/criteria-2/BSc-Nursing-2021-scheme-CREDIT--SEMESTER-SYSTEM.pdf
Extension activities	http://pkdacollegeofnursing.com/naac/ssr/extension-activities.php



NEHRU COLLEGE of NURSING



PANAYUR (P O), VANIYAMKULAM, PALAKKAD - 679 522

(Approved by Indian Nursing Council, Kerala Nurses & Midwives Council & Kerala Government
Affiliated to Kerala University of Health Sciences)

1.3.1 : The Institution integrates cross cutting issues relevant to gender, environment and sustainability, human values, health determinants, right to health and emerging demographic issues and professional ethics into the curriculum as prescribed by University/respective regulatory councils.

LIST OF COURSES WITH THEIR DESCRIPTIONS

Sl.No.	Cross cutting issues	Course	Subject	Unit	Description
1	Gender	Semester I	Applied Psychology	X	Self-empowerment
		Fourth Year	Obstetrics and Gynaecological Nursing	Full Subject	The full syllabus of OBG covers women's health and is designed to help the students to care women of different ages.
		Fifth Semester	Community health Nursing I	VII	Assisting individuals and families to promote and maintain their health
2	Environment and sustainability	Fifth Semester	Community health Nursing I	III	Environmental Science, Environmental Health, and Sanitation
		First Year	Nursing Foundation	VIII	Infection control and waste management
3	Human Values	Seventh Semester	Applied Sociology	VI	Social organization and disorganization Social system – definition, types, role and status as structural element of social system ,Social norms, moral and values
		First Year	Nursing Foundation	II	Nursing as a profession
		Third Semester	Professionalism	II	Professional Values



G. Srinivas
PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

4	Health determinants	First Semester	Nursing Foundation I	I	Introduction to Health and Illness
		First Year	Nursing Foundation I	I	Introduction to Health and illness
		Second Year	Community Health Nursing I	I	Unit I Introduction to health determinants
5	Right to Health	Fourth Semester	Professionalism	III	Professionalism Ethics and bioethics
		Third Year	Child Health Nursing	I	Concepts of Childcare
6	Emerging Demographic Issues	Second Year	Sociology	VI	Society and Population
		Fifth Semester	Community Health Nursing I	VIII	Introduction to Epidemiology and its Process
		Second Year	Community Health Nursing	IV	Epidemiology
7	Professional Ethics	First Year	Nursing Foundation	II	Nursing as a Profession
		First Semester	Nursing Foundation I	II	History of Nursing & Nursing as a Profession
		Fourth Semester	Professionalism Full Subject	I,II,III	This course is designed to help students to develop an understanding of professionalism and demonstrates professional behavior in their workplace.

Co Curricular activities to integrate cross cutting issues

Gender

- ❖ Research was conducted to assess the effectiveness of educational intervention on knowledge regarding menstruation among adolescent girls in selected school at Thrissur
- ❖ Drawing competition, elocution and motivational speech on international women's day were organized.



G. S. S. S.
PRINCIPAL
P.K.DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

- ❖ Every year, Women's day is celebrated by the Institution.
- ❖ Health talk on First Aid and Occupational Hazards was organized for women of Kudumbasree Unit

Environment and sustainability

- ❖ Nature to Nature -Inauguration and maintenance of Herbal Garden
- ❖ To promote organic farming, a contest was conducted.
- ❖ Students and faculty sowed the seeds in organic farming. They are involved in watering and manuring of the plants. Many saplings were planted. For the cultivation purpose, recycle of sewage water is implemented.
- ❖ Awareness posters and videos were created on environmental sustainability.
- ❖ Conducted health awareness talk on the impact of environmental pollution.
- ❖ Sanitation campaign and health talk were organized at Koonathara Higher Secondary School.
- ❖ Nehru College of Nursing conducts various programmes on earth day.

Human values and professional ethics

- ❖ NSS unit of the college organizes programme like 'Clean India Campaign' to instil a sense of responsibility for environmental sanitation and waste management
- ❖ Conducted state level workshop on "LINE OF LIFE" in connection with heart physiology to create awareness on cardiac health.
- ❖ Value added courses for III BSc (N) on ethics

Health determinants

- ❖ Every year I BSc Nursing students conduct Nutrition Fest to understand the importance of various diet and nutrition values.
- ❖ World health day is observed every year to focus on leading a healthy life to prevent illness.
- ❖ School health programmes are conducted to assess health parameters of students.
- ❖ A study was conducted to assess anaemia among school students.

Right to Health

- ❖ Anti-drug campaign was organized in collaboration with Vaniyamkulam Panchayath. Rally and awareness programs were also conducted.

Emerging demographic issues

- ❖ Health check-up for school students.
- ❖ Health check-up and health awareness programs were organized for geriatric inmates of Sharanalyam, Koonathara
- ❖ Students actively participated in palliative care activities, care of elderly.

In addition to fostering moral, spiritual and human values among students, Yoga Day, Independence Day etc are also organized by the institute.



G.S.W.
PRINCIPAL

PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522



NEHRU COLLEGE of NURSING



PANAYUR (P O), VANIYAMKULAM, PALAKKAD - 679 522

(Approved by Indian Nursing Council, Kerala Nurses & Midwives Council & Kerala Government
Affiliated to Kerala University of Health Sciences)

INTEGRATED MODEL OF CROSS CUTTING ISSUES



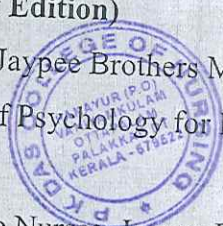
G. Das
PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

SYLLABUS

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			Introduction • Role of nurse in caring for emotionally sick client		
VIII	4 (T)	• Explain psychological assessment and tests and role of nurse	Psychological assessment and tests – introduction • Types, development, characteristics, principles, uses, interpretation • Role of nurse in psychological assessment	• Lecture • Discussion • Demonstration	• Short answer • Assessment of practice
IX	10 (T)	• Explain concept of soft skill and its application in work place and society	Application of soft skill • Concept of soft skill • Types of soft skill – visual, aural and communication skill • The way of communication • Building relationship with client and society • Interpersonal Relationships (IPR): Definition, Types, and Purposes, Interpersonal skills, Barriers, Strategies to overcome barriers • Survival strategies – managing time, coping stress, resilience, work – life balance • Applying soft skill to workplace and society – Presentation skills, social etiquette, telephone etiquette, motivational skills, teamwork etc. • Use of soft skill in nursing	• Lecture • Group discussion • Role play • Refer/Complete Soft skills module	• Essay • Short answer
X	2 (T)	• Explain self-empowerment	Self-empowerment • Dimensions of self-empowerment • Self-empowerment development • Importance of women's empowerment in society • Professional etiquette and personal grooming • Role of nurse in empowering others	• Lecture • Discussion	• Short answer • Objective type

References /Recommended Books (Latest Edition)

1. Sreevani R. Psychology for Nurses. Jaypee Brothers Medical Publishers.
2. Razeena Viswambaran. Text Book of Psychology for Health Professionals, Viswapadmam Publishing House, Cochin.
3. Anthikad J. Psychology for Graduate Nurses. Jaypee Brothers Medical Publisher (P) Ltd
4. Balachandran M. Applied Psychology for Indian Nursing Students, Maanas Publishers,



PRINCIPAL
P.K. DAS COLLEGE OF NURSING
PANAYUR (P.O.) OTTAPALAM, PALNADU DT
KERALA - 679522

FOURTH YEAR B Sc NURSING
OBSTETRIC AND GYNAECOLOGICAL NURSING

OBSTETRIC NURSING

Placement: IV Year

Theory - 100 hrs

Nursing faculty: 90 hrs

External faculty: 10 hrs

Practical: 480 hrs

Course Description:

This course is designed for students to appreciate the concepts and principles of obstetric nursing and helps them to acquire knowledge and develop attitude and beginning skills in rendering nursing care to normal and high risk pregnant women during antenatal, natal and postnatal periods in hospital and community settings. It also helps to develop skills in managing normal and high risk neonate and participate in family welfare programmes.

Unit	Time (hours)	Learning Objective	Content	Teaching learning activities	Assess ment method
I	3	-Appreciate the trends and issues in Obstetric nursing -Identify the legal and ethical aspects in obstetric nursing	Introduction to concepts of Obstetric Nursing <ul style="list-style-type: none"> • Historical perspectives and current trends • Hall marks of Midwifery • Contemporary issues in obstetrics • Legal and ethical aspects • Role of Obstetric Nurse 	Lecture Discussion Explain using slides, Charts	Short answers Very short answers
II	7	Describe the anatomy	Review of anatomy and physiology of female reproductive system	Lecture Discussion	Essay

☆



PKD
PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

	<p>and physiology of female reproductive system.</p> <p>-Discuss pre conception care and preparation for planned parenthood</p> <p>-Explain conception and fetal development</p>	<ul style="list-style-type: none"> • Female pelvis- general description of the bones, joints, ligaments, planes of the pelvis, diameters of the true pelvis, important landmarks, variation in shape of pelvis. • Female organs of reproduction- external genitalia, internal genital organs and their anatomical relations, musculature- blood, supply, nerves, lymphatics, pelvic floor, pelvic cellular tissue, pelvic peritoneum • Physiology of menstrual cycle- • Preconception care and preparing for parenthood • Conception and foetal development • Review of fertilization, implantation, embedding of the ovum, development of the embryo, foetus and placenta, placenta at term, functions abnormalities, the foetal sac, amniotic fluid, the umbilical cord • Foetal circulation, foetal 	<p>n</p> <p>Explain using charts and models</p> <p>Demonstrate with models, objects</p> <p>Practice sessions</p> <p>-Explain using charts, slides & models</p> <p>Demonstrate with models, objects</p> <p>Practice session</p>	<p>Short answers,</p> <p>Very short answers</p>
--	--	---	--	---

☆



G. Anu
PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

			skull, bones, • Sutures and measurements		
III	3 NF-2 EF-1	Explain maternal, prenatal and genetic influences on development of defects and diseases	<p>Maternal, prenatal and genetic influences on development of defects and diseases</p> <ul style="list-style-type: none"> • Conditions affecting the mother, genetic and infections • Consanguinity • Prenatal nutrition and food allergies. • Maternal Age • Maternal drug therapy • Prenatal diagnosis and counseling • Effect of radiation, drugs and chemicals • Infertility Spontaneous abortion • Neural Tube Defects and the role of folic acid in lowering the risks Down syndrome (Trisomy 21) • Genetic counseling • Nurses role in minimizing threats to the developing embryo and foetus 	Lecture Discussion Explain using charts, slides	Essay Short answers, Very short answers
IV	8 NF-6 EF-2	Describe the diagnosis	<p>Assessment and management of pregnancy (antenatal)</p> <ul style="list-style-type: none"> • Normal pregnancy 	Lecture Discussion	Essay

☆

203



P.K.D.
PRINCIPAL
P.K.DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYANKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

		and management of women during antenatal period	<ul style="list-style-type: none"> • Physiological changes during pregnancy : • Reproductive system, • Cardio vascular system, • Respiratory system, • Urinary system, • Gastro intestinal system, • Metabolic changes, • Skeletal changes, • Skin changes, • Endocrine system-changes of endocrine and role of endocrine system in relation to reproduction • Psychological changes. • Diagnosis of pregnancy: • History, physical assessment, • Confirmatory tests, • Differential diagnosis. • Foetal assessment- • - Bio physical – foetal movement count, sonography, cardiotocography, NST, CST, nipple stimulation test, vibroacoustic stimulation test[VAST], Manning score • -Biochemical- Human estriol, Maternal serum alpha fetoprotein, acetyl choline 	<p>n</p> <p>Case discussion</p> <p>Explain using slides, charts</p> <p>Presentation</p> <p>Health talk</p> <p>Practice session</p> <p>Counseling session</p> <p>Case discussion in clinical area</p> <p>Demonst</p>	<p>Short answers,</p> <p>Very short answers</p> <p>Assessment of skills with checklist</p>
--	--	---	---	---	--



Handwritten signature
PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O.), VANIYANKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

		<p>esterase(AchE), Triple test, Aminocentesis, Cordocentesis. Chorionic villus sampling[CVS].Intrauterine foetal therapies</p> <ul style="list-style-type: none"> • -Radiology in obstetrics • Antenatal care • -Objectives • -Assessment : History and physical examination, • Antenatal Examination, • Signs of previous child birth, • -Relationship of foetus to uterus and pelvis: Lie, Attitude presentation, position. • -Pervaginal examination • Screening and assessment for high risk, • Risk approach. • -Antenatal preparation • Antenatal counseling, • Antenatal exercises, • Diet, • Minor disorders and management, • Complementary therapies in obstetric practice • Child birth Education classes 	<p>ration</p> <p>Practice session</p> <p>Supervised clinical practice</p>
--	--	---	---

G. S. M.

PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522



			<ul style="list-style-type: none"> • Husband • Families • Preparation for safe confinement. • -Psycho social and cultural aspects of pregnancy: • Adjustment to pregnancy, • Unwed mother, • Single parent, • Teenage pregnancy, • Sexual violence, • Adoption . 		
V	12	<p>Describe the physiology and stages of labour</p> <p>Describe the management of women during intranatal period</p>	<p>Assessment and management of intranatal period</p> <ul style="list-style-type: none"> • - Essential factors of labour • Physiology of labour, mechanism of labour • -Management of labour: • First stage- • -Physiology of normal labour, • Signs and symptoms of onset of labour –normal and abnormal • Duration, • Preparation of : • Labour room • Women • Assessment and observation of women in labour. • Partogram- maternal and 	<p>Lecture</p> <p>Discussion</p> <p>Demonstration using partograph</p> <p>Demonstration using Obstetric maniquin</p> <p>Case discussion/</p>	<p>Essay</p> <p>Short answers,</p> <p>Very short answers</p> <p>Assessment of skills with checklist</p>



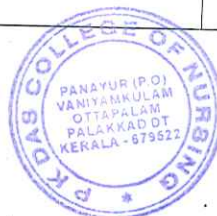
PRINCIPAL
 PK DAS COLLEGE OF NURSING
 PANAYUR (P.O), VANIYANKULAM
 OTTAPALAM, PALAKKAD DT.
 KERALA - 679522

		<ul style="list-style-type: none"> foetal monitoring • Active management of labour, • Pain relief and comfort in labour, • Pharmacological and non pharmacologic management • Second stage • Signs and symptoms: normal and abnormal • Duration • Mechanism of labour • Conduct of delivery: Principles and techniques • Episiotomy (only if required) • Receiving the new born • Neonatal resuscitation; initial steps and subsequent resuscitation, Apgar scoring • Care of umbilical cord • Immediate assessment including screening for congenital anomalies • Identification • Bonding • Initiate feeding • Screening and transportation of the neonate • Third stage • Signs- and symptoms- normal 	<p>presenta tion.</p> <p>Simulate d practice</p> <p>Supervis ed clinical practice</p> <p>Practice session</p> <p>Demonst rate using episioto my simulator</p>
--	--	--	---



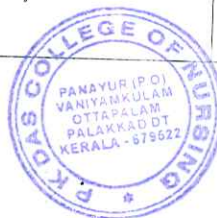
G. Sridhar
PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O.), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

			<ul style="list-style-type: none"> and abnormal • Duration • Methods of placental separation, expulsion of placenta and membranes • Management- Principles and techniques • Examination of perineum • Maintaining records and reports • Fourth Stage • Vigilant observation and care of the --mother and newborn 		
VI	4	<p>Describe the physiology of puerperium.</p> <p>-Describe the management of women during post natal period</p>	<p>Assessment and management of woman during post natal period.</p> <ul style="list-style-type: none"> • Normal puerperium • Physiology, Psychological phases of puerperium • Post natal assessment and management • Promoting physical and emotional wellbeing • Management of lactation • Family dynamics after child birth • Family welfare services, methods, counseling • Follow up • Records and reports 	<p>Lecture discussion</p> <p>Demonstration</p> <p>Health talk</p> <p>Practice session</p> <p>Supervised clinical practice</p>	<p>Essay</p> <p>Short answers,</p> <p>Very short answers</p> <p>Assessment of skills with checklist</p>



PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

VII	4	Describe the assessment and management of normal neonate	<p>Assessment and management of normal neonates</p> <ul style="list-style-type: none"> • The normal neonate • Physiological adaptation, Initial & daily assessment, including neonatal reflexes & clinical implications • Essential newborn care • Thermal control, Breast feeding • Prevention of infections, immunization • Minor disorders of newborn and its management . • Levels of Neonatal care (level I, II & III) • At primary, secondary and tertiary levels • Maintenance of reports and records 	Lectures discussion Demonstration Practice session Supervised Clinical practice	Essay Short answers, Very short answers Assessment of skills with checklist
VIII	23 NF-19 EF-4	Describe the identification and management of women with high risk pregnancy	<p>High risk pregnancy- assessment & management</p> <ul style="list-style-type: none"> • -Screening and assessment Newer modalities of diagnosis • -High risk approach • -Levels of care, primary secondary and tertiary level • -Disorders of pregnancy • Hyper emesis gravidarum, 	Lecture discussion Demonstration rate using video films, scan, reports	Essay Short answers, Very short answers Assessment



Signature
PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYANKULAM
OTTAPALAM, PALAKKAD DT
679522

		<ul style="list-style-type: none"> bleeding in early pregnancy, abortion, ectopic pregnancy & vesicular mole • Bleeding in late pregnancy • Ante partum haemorrhage-placenta praevia • Abruptio placenta • -Uterine abnormality and displacement • -Diseases complicating pregnancy- • Medical and surgical conditions, infections UTI, STD, HIV, TORCH, Gynecological diseases complicating pregnancy, • Pregnancy Induced Hypertension & Diabetes, Hydramnios, • Rh incompatibility, multiple gestation, mental disorders, Adolescent pregnancy, Elderly primi and grand multipara, • Abnormalities of placenta & cord, • Intra uterine growth restriction, • Immunology in pregnancy, Coagulation failure in 	<p>partograph</p> <p>Case discussion presentation</p> <p>Health talk</p> <p>Practice session</p> <p>Supervised clinical practice</p>	<p>ent of skills with checklist</p>
--	--	---	--	-------------------------------------



G. S. S. S.
PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O.) VANYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

			<p>pregnancy,</p> <ul style="list-style-type: none"> • Nursing management of mothers with high risk pregnancy • Maintenance of records and reports 		
IX	15 NF-12 EF-3	Describe management of abnormal labour and obstetric emergencies	<p>Abnormal Labour- Assessment and Management</p> <ul style="list-style-type: none"> • Disorders in labour: • CPD and contracted pelvis, Mal positions and mal presentations, • Premature labour & premature rupture of membrane, disorders of uterine actions- precipitated labour, prolonged labour or dysfunctional labour, abnormal uterine action • Obstructed labour • Post maturity, Intra uterine fetal death • Complications of third stage: • Injuries to birth canal • -Obstetrical emergencies and their management: • Presentation and prolapse of cord, Vasa praevia, amniotic fluid embolism, rupture of uterus, shoulder dystocia, 	<p>Lecture Discussion Demonstration Case discussion/ presentation Practice Session Supervised clinical practice</p>	<p>Essay Short answers, Very short answers Assessment of skills with checklist</p>

G. S. M.

PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522



			<p>obstetrical shock, inversion of uterus</p> <ul style="list-style-type: none"> • -Obstetrical procedures and operations • Induction of labour, forceps, vacuum, version, manual removal of placenta, caesarean section, destructive operations. • -Nursing management of women undergoing obstetrical operations and procedures 		
X	4	Describe management of post natal complications	<p>Abnormalities during Post natal Period</p> <ul style="list-style-type: none"> • -Assessment and management of women with post natal complications- • Puerperal infections, Breast engorgement & infections, UTI, Thrombo- embolic disorders, • Difficulties of lactation, • Suppression of lactation, • Post- partum hemorrhage, and sub involution. • -Psychological complications: • Post partum blues, Post partum depression, Post partum Psychosis 	<p>Lecture discussion Case discussion/ presentation Supervised Clinical practice</p>	<p>Essay Short answers Very short answers Assessm ent of skills with checklist</p>



G. S. S. S.

PRINCIPAL
P K DAS COLLEGE OF NURSING
 PANAYUR (P.O), VANIYANKULAM
 OTTAPALAM, PALAKKAD DT
 KERALA - 679522

XI	5	Describe assessment and management of the high risk neonates	Assessment and management of high risk newborn <ul style="list-style-type: none"> • -Admission of neonates in the neonatal intensive care units. • Protocols of management • -Nursing management of low birth weight babies- • Infections, Respiratory problems • Hemolytic disorders, • Birth injuries, Malformations. • -Monitoring of high risk neonates • Kangaroo mother care • Feeding of high risk neonates • -Organization and management of neonatal intensive care units • -Infection control in neonatal intensive care units • -Maintenance of reports and records 	Lecture discussion Demonstration Practice session Case discussion Presentation Supervised clinical practice	Essay Short answers, Very short answers Assessment of skills with checklist
XII	6	Describe indications, dosage, action, side effects and nurses responsibility	Pharmaco-therapeutics in Obstetrics <ul style="list-style-type: none"> • --Indication, dosage, action, contra indication and side effects of drugs • --Effect of drugs on pregnancy, labour & 	Lecture Discussion Drug book Drug presentation	Short answers, Very short answers



		ies in the administrati on of drugs used for mothers	<p>puerperium</p> <ul style="list-style-type: none"> --Nursing responsibilities in the administration of drug in Obstetrics ::oxytocics, anti hypertensives, diuretics, corticosteroids, tocolytic agents, anti convulsants, anticoagulants. --Analgesics and Anaesthetics in Obstetrjcs --Effects of maternal medication on foetus and neonate --Role of obstetric nurse 	tion	
XIII	4	<p>-Appreciate the importance of family welfare programme</p> <p>-Describe the methods of contracepti on and role of nurse in family welfare programme</p>	<p>Family, Welfare programme</p> <ul style="list-style-type: none"> • Population trends and problems in India • Concepts, aims, importance and history of family welfare programme • National population: dynamics, policy and education • National family welfare programme: • National maternal and child health services, CSSM, RCH, ICDS,BFHI,NRHM, Integrated Management of Child hood Illnesses[IMCI], Expanded programe of immunization, 	<p>Lecture discussio n</p> <p>Demonst ration</p> <p>Practice session</p> <p>Supervis ed practice</p> <p>Group project</p> <p>Counseli ng session</p> <p>Field visits</p>	<p>Essay</p> <p>Short answers,</p> <p>Very short answers</p> <p>Project and field visits reports</p>

☆



PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O.), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

			<p>Janani Suraksha Yojana</p> <ul style="list-style-type: none"> • National policy and legislation in relation to maternal health and welfare. • Organization and administration: at national, state, district, block and village levels • Methods of contraception • Counseling for family welfare • Latest research in contraception • Role of national, international and voluntary organizations • Role of a nurse in family welfare programme • Training/ Supervision/ Collaboration with other functionaries in community like ANMs, LHVs, Anganwadi workers, TBAs (Traditional birth attendant Dai), ASHA 		
--	--	--	--	--	--



B. S. M.

PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

XIV	2	Explain the epidemiology of Obstetrics	<p>Maintenance of vital statistics</p> <ul style="list-style-type: none"> • Maternal morbidity, mortality and fertility rates • Perinatal, morbidity and mortality rates • Neonatal mortality • Causes and preventive measures • Safe motherhood initiative • Obstetric health care- • Essential obstetrics care, • Early detection of complication, Emergency obstetrics care[EMOC] • Making pregnancy safe strategy 	<ul style="list-style-type: none"> • Lecture discussion 	<p>Short answers</p> <p>Very short answers</p>
-----	---	--	---	--	--

References

- Balakrishnan, Sheela, Textbook of Obstetrics, Hyderabad, Paras Publishers
- Bennett V. Ruth and Brown.K.Linda, Myles Text Book for Midwives, ChurchillLivingstone, London.
- Bobak and Jenson, Maternity and Gynecologic care, Mosby year Book
- Daftary Shirish.N, Manual of Obstetrics, Elsevier.
- Dawn C.S, Manual of Obstetrics and Neonatology, Dawn books, Calcutta
- Dutta.D.C, Textbook of Obstetrics , New central book agency, Calcutta
- James K David et al, High risk Pregnancy Management options, W B Saunders Elsevier
- Krishnamenon P.K, and Devi, Postgraduate Obstetrics and Gynecology., Orient Longman Ltd, Madras.
- Lowdermilk& Perry, Maternity & Women's health care, Mosby Publishers.
- Mudaliar A.L, and Menon, Clinical Obstetrics, Orient Longman Ltd, Madras.

☆



G.P.S.K.
PRINCIPAL
P.K.DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

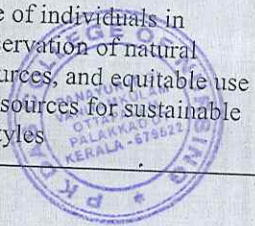
Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
		<ul style="list-style-type: none"> Describe and identify the activities of community health nurse to promote and maintain family health through home visits 	<p>Home Visits:</p> <ul style="list-style-type: none"> Concept, Principles, Process, & Techniques: Bag technique Qualities of Community Health Nurse Roles and responsibilities of community health nursing personnel in family health services <i>Review:</i> Principles & techniques of counseling 	<ul style="list-style-type: none"> Demonstration Supervised field practice 	<ul style="list-style-type: none"> Assessment of supervised field practice OSCE
VII	10 (T)	<ul style="list-style-type: none"> Explain the specific activities of community health nurse in assisting individuals and groups to promote and maintain their health Provide primary care at home/ health centers (HWC) using standing orders/ protocols as per public health standards/approved by MoH & FW and INC regulation 	<p>Assisting individuals and families to promote and maintain their health</p> <p><i>A. Assessment of individuals and families</i> (Review from Child health nursing, Medical surgical nursing and OBG Nursing)</p> <ul style="list-style-type: none"> Assessment of children, women, adolescents, elderly etc. Children: Monitoring growth and development, milestones Anthropometric measurements, BMI Social development Temperature and Blood pressure monitoring Menstrual cycle Breast self-examination (BSE) and testicles self-examination (TSE) Warning Signs of various diseases Tests: Urine for sugar and albumin, blood sugar, Hemoglobin <p><i>B. Provision of health services/primary health care:</i></p> <ul style="list-style-type: none"> Routine check-up, Immunization, counseling, and diagnosis Management of common diseases at home and health centre level Care based on standing 	<ul style="list-style-type: none"> Lecture Discussion Demonstration Role plays 	<ul style="list-style-type: none"> Short answer Essay Assessment of clinical performance in the field practice area Assessment of procedural skills in lab procedures



G.P. Suman
PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
		<ul style="list-style-type: none"> Develop skill in maintenance of records and reports Develop beginning skills in handling social issues affecting the health and development of the family Identify and assist the families to utilize the community resources appropriately 	<p>orders/protocols approved by MoH & FW</p> <ul style="list-style-type: none"> Drugs dispensing and injections at health centre <p>C. Continue medical care and follow up in community for various diseases/disabilities</p> <p>D. Carry out therapeutic procedures as prescribed/required for client and family</p> <p>E. Maintenance of health records and reports</p> <ul style="list-style-type: none"> Maintenance of client records Maintenance of health records at the facility level Report writing and documentation of activities carried out during home visits, in the clinics/centers and field visits <p>F. Sensitize and handle social issues affecting health and development of the family</p> <ul style="list-style-type: none"> Women empowerment Women and child abuse Abuse of elders Female foeticide Commercial sex workers Substance abuse <p>G. Utilize community resources for client and family</p> <ul style="list-style-type: none"> Trauma services Old age homes Orphanages Homes for physically challenged individuals Homes for destitute Palliative care centres Hospice care centres Assisted living facility 	<ul style="list-style-type: none"> Document and maintain: <ul style="list-style-type: none"> Individual records Family records Health center records Field visits 	<ul style="list-style-type: none"> Evaluation of records and reports Evaluation of field visit reports
VIII	10 (T)	<ul style="list-style-type: none"> Describe the concepts, approaches and methods of epidemiology Investigate an epidemic of 	<p>Introduction to Epidemiology – Epidemiological Approaches and Processes</p> <ul style="list-style-type: none"> Epidemiology: Concept and Definition Distribution and frequency of disease 	<ul style="list-style-type: none"> Lecture Discussion Demonstration Role play Field visits: communicable disease hospital & 	<ul style="list-style-type: none"> Short answer Essay Report on visit to communicable disease

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
		<ul style="list-style-type: none"> Discuss health care delivery system in India at various levels Describe SDGs, primary health care and comprehensive primary health care (CPHC) Explain health care policies and regulations in India 	<ul style="list-style-type: none"> various committees and commissions on health and family welfare and Five-Year plans Participation of community and stakeholders in health planning Health care delivery system in India: Infrastructure and Health sectors, Delivery of health services at sub-centre (SC), PHC, CHC, District level, state level and national level Sustainable development goals (SDGs), Primary Health Care and Comprehensive Primary Health Care (CPHC): elements, principles CPHC through SC/Health Wellness Center (HWC) Role of MLHP/CHP National Health Care Policies and Regulations <ul style="list-style-type: none"> National Health Policy (1983, 2002, 2017) National Health Mission (NHM): National Rural Health Mission (NRHM), National Urban Health Mission (NUHM), NHM National Health Protection Mission (NHPM) Ayushman Bharat Universal Health Coverage 	<ul style="list-style-type: none"> Lecture Discussion Field visits to CHC, PHC, SC/ Health Wellness Centers (HWC) Directed reading 	<ul style="list-style-type: none"> Short answer Essay Evaluation of Field visit reports & presentation
III	15 (T)	<ul style="list-style-type: none"> Identify the role of an individual in the conservation of natural resources Describe ecosystem, its structure, types and functions Explain the classification, value and threats to biodiversity Enumerate the causes, effects and 	<p>Environmental Science, Environmental Health, and Sanitation</p> <ul style="list-style-type: none"> Natural resources: Renewable and non-renewable resources, natural resources and associated problems: Forest resources, water resources, mineral resources, food resources, energy resources and land resources Role of individuals in conservation of natural resources, and equitable use of resources for sustainable lifestyles 	<ul style="list-style-type: none"> Lecture Discussion Debates on environmental protection and preservation Explain using Charts, graphs, Models, films, slides 	<ul style="list-style-type: none"> Short answer Essay Field visit reports




PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O.) VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
		<p>control measures of environmental pollution</p> <ul style="list-style-type: none"> • Discuss about climate change, global warming, acid rain, and ozone layer depletion • Enumerate the role of an individual in creating awareness about the social issues related to environment • List the Acts related to environmental protection and preservation • Describe the concept of environmental health and sanitation • Describe water conservation, rain water harvesting and water shed management • Explain waste management 	<ul style="list-style-type: none"> • Ecosystem: Concept, structure and functions of ecosystems, Types & Characteristics – Forest ecosystem, Grassland ecosystem, Desert ecosystem, Aquatic ecosystem, Energy flow in ecosystem • Biodiversity: Classification, value of bio-diversity, threats to biodiversity, conservation of biodiversity • Environmental pollution: Introduction, causes, effects and control measures of Air pollution, Water pollution, Soil pollution, Marine pollution, Noise pollution, Thermal pollution, nuclear hazards & their impact on health • Climate change, global warming: ex. heat wave, acid rain, ozone layer depletion, waste land reclamation & its impact on health • Social issues and environment: sustainable development, urban problems related to energy, water and environmental ethics • Acts related to environmental protection and preservation <p>Environmental Health & Sanitation</p> <ul style="list-style-type: none"> • Concept of environmental health and sanitation • Concept of safe water, sources of water, waterborne diseases, water purification processes, household purification of water • Physical and chemical standards of drinking water quality and tests for assessing bacteriological quality of water • Concepts of water conservation: rain water 	<ul style="list-style-type: none"> • Directed reading • Visits to water supply & purification sites • Observe rain water harvesting plants 	




PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O.), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			harvesting and water shed management <ul style="list-style-type: none"> • Concept of Pollution prevention • Air & noise pollution • Role of nurse in prevention of pollution • Solid waste management, human excreta disposal & management and sewage disposal and management • Commonly used insecticides and pesticides 	<ul style="list-style-type: none"> • Visit to sewage disposal and treatment sites, and waste disposal sites 	
IV	7 (T)	<ul style="list-style-type: none"> • Describe the various nutrition assessment methods at the community level • Plan and provide diet plans for all age groups including therapeutic diet • Provide nutrition counseling and education to all age groups and describe the national nutrition programs and • Identify early the food borne diseases, and perform initial management and referral appropriately 	Nutrition Assessment and Nutrition Education <ul style="list-style-type: none"> • <i>Review of Nutrition</i> <ul style="list-style-type: none"> ◦ Concepts, types ◦ Meal planning: aims, steps & diet plan for different age groups ◦ Nutrition assessment of individuals, families and community by using appropriate methods • Planning suitable diet for individuals and families according to local availability of foods, dietary habits and economic status • General nutritional advice • Nutrition education: purpose, principles & methods and Rehabilitation • <i>Review: Nutritional deficiency disorders</i> • National nutritional policy & programs in India Food Borne Diseases and Food Safety <ul style="list-style-type: none"> • Food borne diseases <ul style="list-style-type: none"> • Definition, & burden, Causes and classification • Signs & Symptoms • Transmission of food borne pathogens & toxins • Early identification, initial management and referral Food poisoning & Food intoxication	<ul style="list-style-type: none"> • Lecture • Discussion • Demonstration • Role play • Market visit • Nutritional assessment for different age groups 	<ul style="list-style-type: none"> • Performance assessment of nutrition assessment for different age groups • Evaluation on nutritional assessment reports




PRINCIPAL
P K DAS COLLEGE OF NURSING
 PANAYUR (P.O), VANIYANKULAM
 OTTAPALAM, PALAKKAD DT
 KERALA - 679522

- Short answer
- Essay
- Field visit

			-Discharge procedure -Care of the unit after discharge -Medico-legal issues	d clinical practice	
VIII	20	Describe principles and techniques for infection control and biomedical waste management in Supervised Clinical settings	Infection control and waste management <ul style="list-style-type: none"> • Infection control <ul style="list-style-type: none"> - Nature of infection, -chain of infection, -methods of transmission, -Body defenses against infection • Types of infection <ul style="list-style-type: none"> -Nosocomial infection • Asepsis: concepts, <ul style="list-style-type: none"> - medical and surgical asepsis, -barrier methods • Hand washing- <ul style="list-style-type: none"> -Medical and surgical • Isolation: Source & protective • Personal protective equipments – <ul style="list-style-type: none"> - types, uses, - techniques of wearing & removal • Decontamination of equipment and unit • Transportation of infected patients • Universal safety precautions- 	Lecture Discussion Demonstration Practice session Supervised Clinical practice	Essay Short answers very short answers



PRINCIPAL
 P.K.DAS COLLEGE OF NURSING
 PANAYUR (P.O), VANIYANKULAM
 OTTAPALAM, PALAKKAD DT
 KERALA - 679522

			<p>standard precautions and transmission based precautions</p> <ul style="list-style-type: none"> • Biomedical waste management <ul style="list-style-type: none"> - Importance - Types of hospital waste - Hazards associated with hospital waste - Decontamination of hospital waste - Segregation, transportation and disposal - Hospital infection control committee- Nurse's role. 		
IX	30	<p>Describe principles and techniques of monitoring and maintaining vital signs</p> <p>Monitor and maintain vital signs</p>	<p>Vial signs</p> <ul style="list-style-type: none"> • Guidelines for taking vital signs <ul style="list-style-type: none"> - Principles • Body temperature <ul style="list-style-type: none"> - Physiology, - regulation & factors affecting body temperature - Sites, equipments, techniques & special consideration - Temperature alterations:- Hyperthermia, hypothermia, heat stroke. - Care of patients having alterations in body 	<p>Lecture</p> <p>Discussion</p> <p>Demonstration</p> <p>Practice session</p> <p>Supervised</p> <p>Clinical Practice</p>	<p>Essay</p> <p>Short answers</p> <p>very short answers</p>

☆



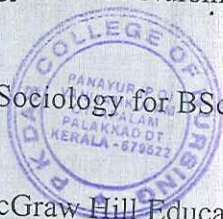
58

P.K.D.
PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
VI	15 (T)	<ul style="list-style-type: none"> Explain social organization, disorganization, social problems and role of nurse in reducing social problems 	<p>Social organization and disorganization</p> <ul style="list-style-type: none"> Social organization – meaning, elements and types Voluntary associations Social system – definition, types, role and status as structural element of social system. Interrelationship of institutions Social control – meaning, aims and process of social control Social norms, moral and values Social disorganization – definition, causes, Control and planning Major social problems – poverty, housing, food supplies, illiteracy, prostitution, dowry, Child labour, child abuse, delinquency, crime, substance abuse, HIV/AIDS, COVID-19 Vulnerable group – elderly, handicapped, minority and other marginal group. Fundamental rights of individual, women and children Role of nurse in reducing social problem and enhance coping Social welfare programs in India 	<ul style="list-style-type: none"> Lecture Group discussion Observational visit 	<ul style="list-style-type: none"> Essay Short answer Objective type Visit report
VII	5 (T)	<ul style="list-style-type: none"> Explain clinical sociology and its application in the hospital and community 	<p>Clinical sociology</p> <ul style="list-style-type: none"> Introduction to clinical sociology Sociological strategies for developing services for the abused Use of clinical sociology in crisis intervention 	<ul style="list-style-type: none"> Lecture Group discussion Role play 	<ul style="list-style-type: none"> Essay Short answer

References /Recommended Books (Latest Edition)

- Clement A.I, Sociological Implications in Nursing, Frontline Publications, Hyderabad.
- Neeraja, K. P. Textbook of Sociology for Nursing Students. Jaypee Brothers Medical Publishers (P) Ltd.
- Venkataratnam Rajagopalan. Medical sociology in an Indian setting. Macmillan, Madras.
- Park K. Park's Textbook of Preventive and Social Medicine. M/S Banarsidas Bhanot Publishers, Jabalpur.
- Ganesh P. Textbook of sociology for BSc Nursing, Emmess Medical Publishers, Bangalore.
- Krishne Gowda. Essentials of Sociology for BSc Nursing Students CBS Publishers & Distributors.
- Varinder Kaur, Text Book of Applied Sociology for BSc Nursing Students, Vision Health Sciences Publishers, Punjab.
- Horton P B & Hunt C L. Sociology, McGraw Hill Education India



PKDAS COLLEGE OF NURSING
 PANAYUR (P.O), VANIYAMKULAM
 ATTAPALAM, PALAKKAD DT
 KERALA - 679522

		care agencies	<ul style="list-style-type: none"> • Health illness continuum • Factors influencing health • Causes & risk factors of illness • Illness behavior • Impact of illness on patient and family • Health care services <ul style="list-style-type: none"> - Health promotion - Levels of prevention • Health care agencies: • hospitals – types, organization and functions • Health care team 	Visit to health care agencies	very short answers
II	15	<p>-Explain concept and scope of nursing</p> <p>-Describe values, code of ethics and professional conduct for nurses in India</p>	<p>Nursing as a profession</p> <ul style="list-style-type: none"> • Nursing: - <ul style="list-style-type: none"> -Definition -Philosophy -Objectives -Characteristics -Scope of nursing practice • -Functions of nurse • -Qualities of a nurse • -Categories of nursing personnel • Definition and characteristics of profession • Nursing as a profession • Values: Definition, types, values in professional nursing • Ethics: Definition, ethical 	<p>Lecture</p> <p>Discussion</p> <p>Case discussion</p> <p>Role plays</p>	<p>Short answers</p> <p>very short answers</p>



G.S.W.
PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

			<p>principles, Nursing code of ethics</p> <ul style="list-style-type: none"> • History of nursing in India 		
III	5	<p>Explain the basic concepts of conceptual and theoretical models of nursing</p>	<p>Conceptual and theoretical models in nursing practice</p> <ul style="list-style-type: none"> • Introduction to models:- • -Holistic model • -Health belief model • -Health promotion model • -Maslow's hierarchy of needs • Introduction to theories in Nursing:---Florence Nightingale environmental theory • -Orem's general theory of nursing • - Peplau's theory of interpersonal relationship • - Henderson's definition of nursing 	<p>Lecture</p> <p>Discussion</p>	<p>Short Answers</p> <p>Very short answers</p>
IV	10	<p>Communicate effectively with patient families and team members and maintain effective human relations projecting</p>	<p>Communication and nurse patient relationship</p> <ul style="list-style-type: none"> • Communication -Definition - Levels - Elements - Types -Factors influencing communication -Methods of effective communication 	<p>Lecture</p> <p>Discussion</p> <p>Role play</p> <p>Video film on nurses interacting</p>	<p>Essay</p> <p>Short answers</p> <p>very short answers</p>



PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
		<p>professional boundaries between patients, colleagues and society</p> <ul style="list-style-type: none"> Describe the roles and responsibilities of regulatory bodies and professional organizations 	<ul style="list-style-type: none"> Professional boundaries: Professional relationship with the patients, caregivers and team members <p>Regulatory Bodies & Professional Organizations: Roles & Responsibilities</p> <ul style="list-style-type: none"> <i>Regulatory bodies:</i> Indian Nursing Council, State Nursing Council <i>Professional Organizations:</i> Trained Nurses Association of India (TNAI), Student Nurses Association (SNA), Nurses League of Christian Medical Association of India, International Council of Nurses (ICN) and International Confederation of Midwives 	<ul style="list-style-type: none"> Lecture cum Discussion Visit to INC, SNC, TNAI 	
II	5 (T)	<ul style="list-style-type: none"> Discuss the importance of professional values Distinguish between personal values and professional values Demonstrate appropriate professional values in nursing practice 	<p>PROFESSIONAL VALUES</p> <ul style="list-style-type: none"> Values: Definition and characteristics of values Value clarification Personal and professional values Professional socialization: Integration of professional values with personal values <p>Professional values in nursing</p> <ul style="list-style-type: none"> Importance of professional values in nursing and health care Caring: definition, and process Compassion: Sympathy Vs empathy, Altruism Conscientiousness Dedication/devotion to work Respect for the person-Human dignity Privacy and confidentiality: Incidental disclosure Honesty and integrity: Truth telling Trust and credibility: Fidelity, Loyalty 	<ul style="list-style-type: none"> Lecture cum Discussion Value clarification exercise Interactive learning Story telling Sharing experiences Scenario based discussion 	<ul style="list-style-type: none"> Short answer Essay Assessment of student's behavior with patients and families



G. S. M.
PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> • Advocacy: Advocacy for patients, work environment, nursing education and practice, and for advancing the profession 		
III	10 (T)	<ul style="list-style-type: none"> • Define ethics & bioethics • Explain ethical principles • Identify ethical concerns • Ethical issues and dilemmas in health care • Explain process of ethical decision making and apply knowledge of ethics and bioethics in making ethical decisions • Explain code of ethics stipulated by ICN and INC 	<p>ETHICS & BIOETHICS</p> <p>Definitions: Ethics, Bioethics and Ethical Principles</p> <ul style="list-style-type: none"> • Beneficence • Non-maleficence: Patient safety, protecting patient from harm, Reporting errors • Justice: Treating each person as equal • Care without discrimination, equitable access to care and safety of the public • Autonomy: Respects patients' autonomy, Self-determination, Freedom of choice <p>Ethical issues and ethical dilemma: Common ethical problems</p> <ul style="list-style-type: none"> • Conflict of interest • Paternalism • Deception • Privacy and confidentiality • Valid consent and refusal • Allocation of scarce nursing resources • Conflicts concerning new technologies • Whistle-blowing • <i>Beginning of life issues</i> <ul style="list-style-type: none"> • Abortion • Substance abuse • Fetal therapy • Selective deduction • Intrauterine treatment of fetal conditions • Mandated contraception • Fetal injury • Infertility treatment • <i>End of life issues</i> <ul style="list-style-type: none"> • End of life • Euthanasia • Do Not Resuscitate (DNR) • <i>Issues related to psychiatric care</i> <ul style="list-style-type: none"> • Non compliance • Restrain and seclusion • Refuse to take food 	<ul style="list-style-type: none"> • Lecture cum discussion • Group discussion with examples • Flipping/ self-directed learning • Role play • Story telling • Sharing experiences • Case based Clinical discussion • Role modeling • Group exercise on ethical decision-making following steps on a given scenario • Assignment 	<ul style="list-style-type: none"> • Short answer • Essay • Quiz • Reflective diary • Case report • Attitude test • Assessment of assignment



G.P.S.M.
PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O.), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

Thiruvananthapuram.

5. Bhatia. Elements of Psychology and Mental hygiene for Nurses in India, Orient Longman.
6. A B Kutty. Psychology for BSc Nursing, PHI learning Press, New Delhi.
7. Passer M W. Smith R E. Psychology, The Science of Mind & Behavior, Tata Mc Graw-Hill, New York.
8. Mangal SK. Psychology for B.Sc. Nursing, Avichal Publishing Company.

NURSING FOUNDATION - I

(Including First Aid module)

PLACEMENT : SEMESTER I

N-NF-I-125

THEORY : 6 Credits (120 hours)

PRACTICUM : Skill Lab: 2 Credits (80 hours) and Clinical: 2 Credits (160 hours)

DESCRIPTION: This course is designed to help novice nursing students develop knowledge and competencies required to provide evidence-based, comprehensive basic nursing care for adult patients, using nursing process approach.

COMPETENCIES: On completion of the course, the students will be able to

1. Develop understanding about the concept of health, illness and scope of nursing within health care services.
2. Apply values, code of ethics and professional conduct in professional life.
3. Apply the principles and methods of effective communication in establishing communication links with patients, families and other health team members.
4. Develop skill in recording and reporting.
5. Demonstrate competency in monitoring and documenting vital signs.
6. Describe the fundamental principles and techniques of infection control and biomedical waste management.
7. Identify and meet the comfort needs of the patients.
8. Perform admission, transfer, and discharge of a patient under supervision applying the knowledge.
9. Demonstrate understanding and application of knowledge in caring for patients with restricted mobility.
10. Perform first aid measures during emergencies.
11. Identify the educational needs of patients and demonstrate basic skills of patient education.

*Mandatory Module used in Teaching/Learning: First Aid: 40 Hours (including Basic CPR)

COURSE OUTLINE T – Theory, SL – Skill Lab

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
I	5 (T)	<ul style="list-style-type: none"> • Describe the concept of health and illness 	<p style="background-color: yellow;">Introduction to health and illness</p> <ul style="list-style-type: none"> • Concept of Health – Definitions (WHO), Dimensions • Maslow's hierarchy of needs • Health – Illness continuum 	<ul style="list-style-type: none"> • Lecture • Discussion 	<ul style="list-style-type: none"> • Essay • Short answer

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> • Factors influencing health • Causes and risk factors for developing illnesses • Illness – Types, illness behavior • Impact of illness on patient and family 		<ul style="list-style-type: none"> • Objective type
II	5 (T)	<ul style="list-style-type: none"> • Describe the levels of illness prevention and care, health care services 	Health Care Delivery Systems – Introduction of Basic Concepts & Meanings <ul style="list-style-type: none"> • Levels of Illness Prevention – Primary (Health Promotion), Secondary and Tertiary • Levels of Care – Primary, Secondary and Tertiary • Types of health care agencies/ services – Hospitals, clinics, Hospice, rehabilitation centres, extended care facilities • Hospitals – Types, Organization and Functions • Health care teams in hospitals – members and their role 	<ul style="list-style-type: none"> • Lecture • Discussion 	<ul style="list-style-type: none"> • Essay • Short answer • Objective type
III	12 (T)	<ul style="list-style-type: none"> • Trace the history of Nursing • Explain the concept, nature and scope of nursing • Describe values, code of ethics and professional conduct for nurses in India 	History of Nursing and Nursing as a profession <ul style="list-style-type: none"> • History of Nursing, History of Nursing in India • Contributions of Florence Nightingale • Nursing – Definition – Nurse, Nursing, Concepts, philosophy, objectives, Characteristics, nature and Scope of Nursing/ Nursing practice, Functions of nurse, Qualities of a nurse, Categories of nursing personnel • Nursing as a profession – definition and characteristics/criteria of profession • Values – Introduction – meaning and importance • Code of ethics and professional conduct for nurses – Introduction 	<ul style="list-style-type: none"> • Lecture • Discussion • Case discussion • Role plays 	<ul style="list-style-type: none"> • Essay • Short answers • Objective type
IV	8 (T) 3 (SL)	<ul style="list-style-type: none"> • Describe the process, principles, and types of communication • Explain therapeutic, non-therapeutic and professional communication 	Communication and Nurse Patient Relationship <ul style="list-style-type: none"> • Communication – Levels, Elements and Process, Types, Modes, Factors influencing communication • Methods of effective communication/therapeutic communication techniques • Barriers to effective communication/non-therapeutic communication techniques • Professional communication • Helping Relationships (Nurse Patient Relationship) – Purposes and 	<ul style="list-style-type: none"> • Lecture • Discussion • Role play and video film on Therapeutic Communication 	<ul style="list-style-type: none"> • Essay • Short answer • Objective type


PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O) VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

References:-

- Razeena Viswambaran. Text Book of Psychology for Health Professionals.
- Anthikad J. Psychology for Graduate Nurses. New Delhi, Jaypee.
- David G Mayers, Psychology. Work Publishers, New York
- Passer M W, Smith R E. Psychology, The Science of Mind & Behaviour, New York, Tata Mc Graw-Hill.
- Dr. Balachandran M. Psychology for Nursing Students, Thiruvananthapuram, Maanas Publishers.
- Charles G Morris . Psychology- An introduction to New Hercy, Prentice Hall.
- Bhatia. Elements of Psychology and Mental hygiene for Nurses in India, Orient Longman.
- A B Kutty, Psychology for BSc Nursing, PHI learning, New Delhi, 2013

NURSING FOUNDATIONS

Placement – I year

Theory (In hours) -465

(Class hours-265+ Lab hours -200)

Practical (Clinical hours) - 450

Course Description:

This course is designed to help the students to develop an understanding of the Nursing Profession, philosophy, objectives, theories and application of nursing in various clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in supervised clinical settings.

Unit	Time	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	10	Describe the concept of health, illness and health	Introduction: <ul style="list-style-type: none">• Health & Illness<ul style="list-style-type: none">- Definition- Concept	Lecture Discussion	Short answers



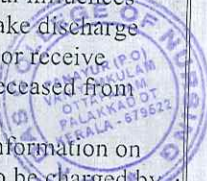
PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> Advocacy: Advocacy for patients, work environment, nursing education and practice, and for advancing the profession 		
III	10 (T)	<ul style="list-style-type: none"> Define ethics & bioethics Explain ethical principles Identify ethical concerns Ethical issues and dilemmas in health care Explain process of ethical decision making and apply knowledge of ethics and bioethics in making ethical decisions Explain code of ethics stipulated by ICN and INC 	<p>ETHICS & BIOETHICS</p> <p>Definitions: Ethics, Bioethics and Ethical Principles</p> <ul style="list-style-type: none"> Beneficence Non-maleficence: Patient safety, protecting patient from harm, Reporting errors Justice: Treating each person as equal Care without discrimination, equitable access to care and safety of the public Autonomy: Respects patients' autonomy, Self-determination, Freedom of choice <p>Ethical issues and ethical dilemma: Common ethical problems</p> <ul style="list-style-type: none"> Conflict of interest Paternalism Deception Privacy and confidentiality Valid consent and refusal Allocation of scarce nursing resources Conflicts concerning new technologies Whistle-blowing <i>Beginning of life issues</i> <ul style="list-style-type: none"> Abortion Substance abuse Fetal therapy Selective deduction Intrauterine treatment of fetal conditions Mandated contraception Fetal injury Infertility treatment <i>End of life issues</i> <ul style="list-style-type: none"> End of life Euthanasia Do Not Resuscitate (DNR) <i>Issues related to psychiatric care</i> <ul style="list-style-type: none"> Non compliance Restrain and seclusion Refuse to take food 	<ul style="list-style-type: none"> Lecture cum discussion Group discussion with examples Flipping/ self-directed learning Role play Story telling Sharing experiences Case based Clinical discussion Role modeling Group exercise on ethical decision-making following steps on a given scenario Assignment 	<ul style="list-style-type: none"> Short answer Essay Quiz Reflective diary Case report Attitude test Assessment of assignment



G.P. G...
PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
		<ul style="list-style-type: none"> Discuss the rights of the patients and families to make decisions about health care Protect and respect patients' rights 	<p>Process of ethical decision making</p> <ul style="list-style-type: none"> Assess the situation (collect information) Identify the ethical problem Identify the alternative decisions Choose the solution to the ethical decision Implement the decision Evaluate the decision <p>Ethics committee:</p> <p>Roles and responsibilities</p> <ul style="list-style-type: none"> Clinical decision making Research <p>Code of Ethics</p> <ul style="list-style-type: none"> International Council of Nurses (ICN) Indian Nursing Council <p>Patients' Bill of Rights- 17 patients' rights (MoH & FW, GoI)</p> <ol style="list-style-type: none"> Right to emergency medical care Right to safety and quality care according to standards Right to preserve dignity Right to nondiscrimination Right to privacy and confidentiality Right to information Right to records and reports Right to informed consent Right to second opinion Right to patient education Right to choose alternative treatment options if available Right to choose source for obtaining medicines or tests Right to proper referral and transfer, which is free from perverse commercial influences Right to take discharge of patient or receive body of deceased from hospital Right to information on the rates to be charged by the hospital for each type of service provided and facilities available on a prominent display board and a brochure Right to protection for 		



G.S.M.
PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			patients involved in clinical trials, biomedical and health research 17. Right to be heard and seek redressal		

References / Recommended Books (Latest Editions)

1. Ann Zwemer. Professional Adjustments and Ethics for Nurses in India, Ecumenical Book Services, Chennai
2. Carvalho S. Reeves, M Orford J. Fundamental Aspects of Legal, Ethical and Professional Issues in Nursing, United Kingdom: Quay.
3. Herman Wheeler Law, Ethics and Professional Issues for Nursing - A Reflective and Portfolio-Building Approach, Routledge Taylor and Francis group, London.
4. Joyce Beebe Thompson, Professional Ethics in Nursing, R.E. Krieger Publishing Company.
5. I Clement. Professional Trends and Adjustments in Nursing, Jaypee Publishers Medical Publishers, New Delhi.
6. Beth Perry Black. Professional Nursing: Concepts and Challenges, Elsevier Saunders publishers, Philadelphia.
7. Janie B. Butts, Karen L. Rich. Nursing Ethics- Across the curriculum and in to Practice, Jones & Bartlett Learning. United States.
8. Olinda Timms. Biomedical Ethics, Elsevier




 PRINCIPAL
 P K DAS COLLEGE OF NURSING
 PANAYUR (P.O), VANIYAMKULAM
 OTTAPALAM, PALAKKAD DT
 KERALA - 679522